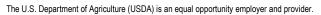


## October 2023 Elementary Breakfast Menu

\*Milk Variety Include: 1% White, Skim White,





| 37. 1  | m 1   | W 1 1   | T1 1  | T ' 1   |
|--|---|---|---|---|
| Monday   | Tuesday   | Wednesday   | Thursday  | Friday  |
| Cereal OR Pop-tart Sides: Fruit Juice Raisins *Milk Variety      | Cereal OR Honey Bun Sides: Fruit Juice Apple Wedges *Milk Variety         | Cereal OR Muffin Sides: Fruit Juice Pineapple Tidbits *Milk Variety | Cereal OR Bagel Sides: Fruit Juice Craisins *Milk Variety             | Cereal OR Donut Sides: Fruit Juice Applesauce *Milk Variety |
| In-Service Day   | Cereal OR Pop-Tart Sides: Fruit Juice Craisins *Milk Variety              | Cereal OR Muffin Sides: Fruit Juice Pineapple Tidbits *Milk Variety | Cereal OR Banana Bread Sides: Fruit Juice Apple Wedges *Milk Variety  | Cereal OR Donut Sides: Fruit Juice Applesauce *Milk Variety |
| Cereal AND/OR Pop-tart Sides: Fruit Juice Craisins *Milk Variety | Cereal OR Cinnamon Bun Sides: Fruit Juice Bananas *Milk Variety           | Cereal OR Muffin Sides: Fruit Juice Mixed Fruit *Milk Variety       | Cereal OR Bagel Sides: Fruit Juice Apple Wedges *Milk Variety         | Cereal OR Donut Sides: Fruit Juice Applesauce *Milk Variety |
| Cereal AND/OR Pop-tart Sides: Fruit Juice Raisins *Milk Variety  | Cereal AND/OR Raspberry Turnover Sides: Fruit Juice Bananas *Milk Variety | Cereal OR Muffin Sides: Fruit Juice Mixed Fruit *Milk Variety       | Cereal OR Pumpkin Bread Sides: Fruit Juice Apple Wedges *Milk Variety | Cereal OR Donut Sides: Fruit Juice Applesauce *Milk Variety |
| Cereal AND/OR Pop-tart Sides: Fruit Juice Raisins *Milk Variety  | Cereal AND/OR Apple Turnover Sides: Fruit Juice Bananas *Milk Variety     | M   | GOOD<br>THIM  |   |